

Kedron Wellness Committee

Introduction

Recently, The USDA's Healthy, Hunger-Free Kids Act of 2010 has required updates to Local School Wellness Policies. The Act requires each local educational agency participating in the National School Lunch Program or other federal Child Nutrition programs to establish a local school wellness policy for all schools under its jurisdiction.

Fayette County Public Schools has issued a Board-approved updated Wellness Policy to this effect. Each school has been asked to form a Wellness Committee and to meet the goals of the local wellness policy. The Committee is required to evaluate their school using online evaluation tools found at www.healthiergeneration.org.

Kedron Elementary is proud to announce that it has already completed the in-depth evaluation of our school and is committed to adhering to the Wellness guidelines put forth by the County.

In our effort to inform and educate staff and parents about the terms of this new policy and how it will affect our school, we have compiled some useful resources that may be of help:

Useful Links

Fayette County Public Schools Wellness Policy

https://www.fcboe.org/school_nutrition

USDA School Snack Guide

<https://foodandhealth.com/usda-school-snack-guide/>

Alliance for a Healthier Generation

www.healthiergeneration.org

A great nutritional resource for Educators including celebration and reward alternatives, a smart snack calculator, classroom snack help, etc.

The Alliance for a Healthier Generation empowers kids to develop lifelong healthy habits by ensuring the environments that surround them provide and promote good health. More than 25 million children have been helped by the Alliance's work with schools, communities and businesses across the country.